

AUTUMN MENU

ALL FOOD COOKED FRESH DAILY IN OUR OWN KITCHEN

WEEK ONE

WEEK TWO

<div>—</div> <div>MONDAY</div> <div>—</div>	<div>RICOTTA AND SPINACH RAVIOLI</div> <div>VEGETABLE CROQUETTES</div> <div>FRESH BREAD</div> <div>SEASONAL FRUITS</div>	<div>LASAGNE</div> <div>COOKED VEGETABLES</div> <div>FRESH BREAD</div> <div>SEASONAL FRUITS</div>
<div>—</div> <div>TUESDAY</div> <div>—</div>	<div>VEGETABLE SOUP</div> <div>FISH IN TOMATO AND HERB SAUCE</div> <div>ROAST POTATOES</div> <div>SEASONAL FRUITS</div>	<div>PASTA IN MEAT BROTH</div> <div>ROAST CHICKEN</div> <div>RAW SEASONAL VEGETABLES</div> <div>FRESH BREAD</div> <div>SEASONAL FRUITS</div>
<div>—</div> <div>WEDNESDAY</div> <div>—</div>	<div>PUMPKIN AND SAGE GNOCCHI</div> <div>BOILED OR SCRAMBLED EGGS</div> <div>COOKED VEGETABLES</div> <div>FRESH BREAD</div> <div>SEASONAL FRUITS</div>	<div>CREAM OF SPINACH RISOTTO</div> <div>FISH IN PARMESAN SAUCE</div> <div>RAW SEASONAL VEGETABLES</div> <div>FRESH BREAD</div> <div>SEASONAL FRUITS</div>
<div>—</div> <div>THURSDAY</div> <div>—</div>	<div>SAFFRON RISOTTO</div> <div>MEAT STEW</div> <div>RAW SEASONAL VEGETABLES</div> <div>FRESH BREAD</div> <div>SEASONAL FRUITS</div>	<div>CHICORY AND WALNUT PASTA</div> <div>SELECTION OF CHEESES</div> <div>COOKED VEGETABLES</div> <div>FRESH BREAD</div> <div>SEASONAL FRUITS</div>
<div>—</div> <div>FRIDAY</div> <div>—</div>	<div>PASTA IN VEGETABLE SOUP</div> <div>COOKED VEGETABLES</div> <div>FRESH BREAD</div> <div>SEASONAL FRUITS</div>	<div>TOMATO AND BASIL PASTA</div> <div>VEGETABLE FRITTATA</div> <div>RAW SEASONAL VEGETABLES</div> <div>FRESH BREAD</div> <div>SEASONAL FRUITS</div>

AUTUMN MENU

ALL FOOD COOKED FRESH DAILY IN OUR OWN KITCHEN

WEEK THREE

WEEK FOUR

<div>—</div> <div>MONDAY</div> <div>—</div>	<div>PESTO PASTA</div> <div>OVEN-BAKED FILLET OF FISH</div> <div>COOKED VEGETABLES</div> <div>FRESH BREAD</div> <div>SEASONAL FRUITS</div>	<div>PASTA WITH BEANS</div> <div>RAW SEASONAL VEGETABLES</div> <div>FRESH BREAD</div> <div>SEASONAL FRUITS</div>
<div>—</div> <div>TUESDAY</div> <div>—</div>	<div>PARMESAN RISOTTO</div> <div>BEEF AND PEA STEW</div> <div>COOKED VEGETABLES</div> <div>FRESH BREAD</div> <div>SEASONAL FRUITS</div>	<div>PASTA WITH MUSHROOMS</div> <div>MEAT ESCALOPE WITH LEMON</div> <div>RAW SEASONAL VEGETABLES</div> <div>FRESH BREAD</div> <div>SEASONAL FRUITS</div>
<div>—</div> <div>WEDNESDAY</div> <div>—</div>	<div>VEGETABLE SOUP</div> <div>BOILED OR SCRAMBLED EGGS</div> <div>MASHED POTATOES</div> <div>FRESH BREAD</div> <div>SEASONAL FRUITS</div>	<div>TOMATO RISOTTO</div> <div>HAM AND CHEESE OMELETTE</div> <div>RAW SEASONAL VEGETABLES</div> <div>FRESH BREAD</div> <div>SEASONAL FRUITS</div>
<div>—</div> <div>THURSDAY</div> <div>—</div>	<div>BROCCOLI RISOTTO</div> <div>OVEN-BAKED COD CROQUETTES</div> <div>RAW SEASONAL VEGETABLES</div> <div>FRESH BREAD</div> <div>SEASONAL FRUITS</div>	<div>PASTA IN MEAT BROTH</div> <div>OVEN-ROASTED CHICKEN CUTLET</div> <div>COOKED VEGETABLES</div> <div>FRESH BREAD</div> <div>SEASONAL FRUITS</div>
<div>—</div> <div>FRIDAY</div> <div>—</div>	<div>MARGHERITA PIZZA</div> <div>RAW SEASONAL VEGETABLES</div> <div>FRESH BREAD</div> <div>SEASONAL FRUITS</div>	<div>PARMESAN PASTA IN WHITE SAUCE</div> <div>COD FILLET IN TOMATO SAUCE</div> <div>RAW SEASONAL VEGETABLES</div> <div>FRESH BREAD</div> <div>SEASONAL FRUITS</div>

WINTER MENU

ALL FOOD COOKED FRESH DAILY IN OUR OWN KITCHEN

WEEK ONE

WEEK TWO

— MONDAY —	PASTA IN MEAT BROTH MEAT STEW RAW SEASONAL VEGETABLES FRESH BREAD SEASONAL FRUITS	TOMATO AND BASIL GNOCCHI PORK LOIN WITH CITRUS GARNISH RAW SEASONAL VEGETABLES FRESH BREAD SEASONAL FRUITS
— TUESDAY —	XXX EGG OMELETTE COOKED VEGETABLES FRESH BREAD SEASONAL FRUITS	VEGETABLE SOUP OVEN-BAKED COD CROQUETTES BAKED POTATOES FRESH BREAD SEASONAL FRUITS
— WEDNES- DAY —	MARGHERITA PIZZA RAW SEASONAL VEGETABLES FRESH BREAD SEASONAL FRUITS	RICOTTA AND SPINACH RAVIOLI VEGETABLE CROQUETTES FRESH BREAD SEASONAL FRUITS
— THURSDAY —	PASTA WITH ARTICHOKEs SEA BREAM FILLET IN TOMATO SAUCE COOKED VEGETABLES FRESH BREAD SEASONAL FRUITS	SAFFRON AND COURGETTE RISOTTO VEGETABLE FRITTATA RAW SEASONAL VEGETABLES FRESH BREAD SEASONAL FRUITS
— FRIDAY —	PASTA WITH BEANS VEGETABLE CROQUETTES FRESH BREAD SEASONAL FRUITS	SAFFRON RISOTTO BOILED OR SCRAMBLED EGGS RAW SEASONAL VEGETABLES FRESH BREAD SEASONAL FRUITS

WINTER MENU

ALL FOOD COOKED FRESH DAILY IN OUR OWN KITCHEN

WEEK THREE

WEEK FOUR

— MONDAY —	PASTA IN VEGETABLE SOUP RAW SEASONAL VEGETABLES FRESH BREAD SEASONAL FRUITS	PARMESAN PASTA IN WHITE SAUCE ROAST CHICKEN COOKED VEGETABLES FRESH BREAD SEASONAL FRUITS
— TUESDAY —	CREAM OF CHICORY PASTA OVEN-BAKED FISH CAKES COOKED VEGETABLES FRESH BREAD SEASONAL FRUITS	BROCCOLI RISOTTO FISH WITH PARMESAN SAUCE RAW SEASONAL VEGETABLES FRESH BREAD SEASONAL FRUITS
— WEDNESDAY —	TOMATO RISOTTO RICOTTA AND CHARD CROQUETTES RAW SEASONAL VEGETABLES FRESH BREAD SEASONAL FRUITS	VEGETABLE SOUP VEGETABLE FRITTATA MASHED POTATOES FRESH BREAD SEASONAL FRUITS
— THURSDAY —	PASTA WITH MUSHROOMS MEAT ESCALOPE WITH LEMON RAW SEASONAL VEGETABLES FRESH BREAD SEASONAL FRUITS	PARMESAN RISOTTO CHICKEN AND OLIVE STEW COOKED VEGETABLES FRESH BREAD SEASONAL FRUITS
— FRIDAY —	VEGETABLE SOUP FISH IN TOMATO AND HERB SAUCE MASHED POTATOES FRESH BREAD SEASONAL FRUITS	LASAGNE IN BASIL SAUCE VEGETABLE AND LENTIL CROQUETTES RAW SEASONAL VEGETABLES FRESH BREAD SEASONAL FRUITS

SPRING MENU

ALL FOOD COOKED FRESH DAILY IN OUR OWN KITCHEN

WEEK ONE

WEEK TWO

— MONDAY —	PEARL BARLEY SALAD WITH VEGETABLES BOILED OR SCRAMBLED EGGS COOKED VEGETABLES FRESH BREAD FRESH FRUIT	CREAM OF AUBERGINE PASTA MEAT ESCALOPE WITH LEMON COOKED VEGETABLES FRESH BREAD FRUIT SALAD
— TUESDAY —	TUNA AND TOMATO PASTA OVEN-ROASTED CHICKEN CUTLET COOKED VEGETABLES FRESH BREAD FRUIT SALAD	TOMATO AND MOZARELLA PASTA COOKED VEGETABLES FRESH BREAD SEASONAL FRUITS
— WEDNESDAY —	TURKEY BITES WITH PEAS & POTATOES RAW SEASONAL VEGETABLES FRESH BREAD SEASONAL FRUITS	SPELT SALAD WITH PEAS OR CHICKPEAS COOKED VEGETABLES FRESH BREAD SEASONAL FRUITS
— THURSDAY —	RICOTTA AND SPINACH RAVIOLI RAW SEASONAL VEGETABLES FRESH BREAD FRUIT SALAD	SAFFRON AND COURGETTE RISOTTO VEGETABLE FRITTATA RAW SEASONAL VEGETABLES FRESH BREAD FRUIT SALAD
— FRIDAY —	PARMESAN RISOTTO OVEN-BAKED FISHBALLS COOKED VEGETABLES FRESH BREAD SEASONAL FRUITS	TOMATO AND BASIL PASTA OVEN-BAKED COD CROQUETTES RAW SEASONAL VEGETABLES FRESH BREAD FRUIT SALAD

SPRING MENU

ALL FOOD COOKED FRESH DAILY IN OUR OWN KITCHEN

WEEK THREE

WEEK FOUR

— MONDAY —	RICE SALAD VEGETABLE CROQUETTES FRESH BREAD SEASONAL FRUITS	TOMATO RISOTTO ROAST CHICKEN RAW SEASONAL VEGETABLES FRESH BREAD FRUIT SALAD
— TUESDAY —	PARMESAN PASTA IN WHITE SAUCE CHICKEN BITES COOKED VEGETABLES FRESH BREAD SEASONAL FRUITS	COUS COUS SALAD WITH VEGETABLES AND CHICKPEAS VEGETABLE CROQUETTES FRESH BREAD SEASONAL FRUITS
— WEDNES- DAY —	PASTA WITH PEAS RAW SEASONAL VEGETABLES FRESH BREAD FRUIT SALAD	CREAM OF COURGETTE PASTA SEA BREAM FILLET IN TOMATO SAUCE RAW SEASONAL VEGETABLES FRESH BREAD SEASONAL FRUITS
— THURSDAY —	PESTO PASTA BOILED OR SCRAMBLED EGGS RAW SEASONAL VEGETABLES FRESH BREAD FRUIT SALAD	MARGHERITA PIZZA RAW SEASONAL VEGETABLES FRESH BREAD SEASONAL FRUITS
— FRIDAY —	COURGETTE RICE FISH WITH PARMESAN SAUCE RAW SEASONAL VEGETABLES FRESH BREAD SEASONAL FRUITS	TOMATO AND AUBERGINE PASTA EGG OMELETTE RAW SEASONAL VEGETABLES FRESH BREAD SEASONAL FRUITS

SUMMER MENU

ALL FOOD COOKED FRESH DAILY IN OUR OWN KITCHEN

WEEK ONE

WEEK TWO

— MONDAY —	TOMATO AND MOZZARELLA PASTA RAW SEASONAL VEGETABLES FRESH BREAD FRESH FRUIT	TOMATO RISOTTO EGG OMELETTE RAW SEASONAL VEGETABLES FRESH BREAD FRUIT SALAD
— TUESDAY —	PARMESAN RISOTTO CHICKEN BITES COOKED VEGETABLES FRESH BREAD SEASONAL FRUITS	RICE SALAD COOKED VEGETABLES FRESH BREAD SEASONAL FRUITS
— WEDNESDAY —	PESTO PASTA OVEN-BAKED FISH CAKES RAW SEASONAL VEGETABLES FRESH BREAD SEASONAL FRUITS	CREAM OF COURGETTE PASTA MEAT ESCALOPE WITH LEMON RAW SEASONAL VEGETABLES FRESH BREAD SEASONAL FRUITS
— THURSDAY —	SAFFRON AND COURGETTE RISOTTO VEGETABLE FRITTATA RAW SEASONAL VEGETABLES FRESH BREAD FRUIT SALAD	COUS COUS SALAD WITH VEGETABLES AND CHICKPEAS RAW SEASONAL VEGETABLES FRESH BREAD SEASONAL FRUITS
— FRIDAY —	SPELT SALAD WITH PEAS OR CHICKPEAS COOKED VEGETABLES FRESH BREAD SEASONAL FRUITS	TOMATO AND AUBERGINE PASTA FISH IN PARMESAN SAUCE COOKED VEGETABLES FRESH BREAD FRUIT SALAD

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WEEK FOUR

— MONDAY —	MARGHERITA PIZZA RAW SEASONAL VEGETABLES FRESH BREAD SEASONAL FRUITS	TURKEY BITES WITH PEAS & POATATOES RAW SEASONAL VEGETABLES FRESH BREAD FRUIT SALAD
— TUESDAY —	PASTA WITH PEAS COOKED VEGETABLES FRESH BREAD SEASONAL FRUITS	RICOTTA AND SPINACH RAVIOLI VEGETABLE CROQUETTES FRESH BREAD SEASONAL FRUITS
— WEDNES- DAY —	TOMATO AND BASIL GNOCCHI BOILED OR SCRAMBLED EGGS RAW SEASONAL VEGETABLES FRESH BREAD FRUIT SALAD	PEARL BARLEY WITH VEGETABLES SEA BREAM FILLET IN TOMATO SAUCE RAW SEASONAL VEGETABLES FRESH BREAD FRUIT SALAD
— THURSDAY —	COURGETTE RISOTTO OVEN-BAKED COD CROQUETTES RAW SEASONAL VEGETABLES FRESH BREAD SEASONAL FRUITS	CREAM OF AUBERGINE PASTA VEGETABLE FRITTATA COOKED VEGETABLES FRESH BREAD FRUIT SALAD
— FRIDAY —	PARMESAN PASTA IN WHITE SAUCE ROAST CHICKEN ROAST POTATOES FRESH BREAD SEASONAL FRUITS	TUNA AND TOMATO PASTA OVEN-BAKED CHICKEN CUTLET RAW SEASONAL VEGETABLES FRESH BREAD SEASONAL FRUITS